
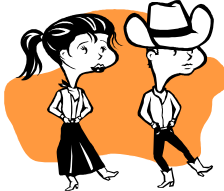


# STEPPING STONE SENIOR CENTRE INC.

## MARCH 2010 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 1:00 Pilates 1:30 Writers 1:45 Japanese Lessons 6:30 Drop in Bridge	<b>2</b> 9:15 GroupFit 10:00 Book Study 11:00 Art Lessons 1:00 Cryptic Crossword 1:00 Belly Dancing 2:45 SS Troubadours 4:00 Darts	<b>3</b> 9:15 Line Dancing 9:30 French Circle 1:00 Book Club 2:00 Forum	<b>4</b> 9:15 GroupFit 9:30 SS Singers 1:00 Craft Group 3:00 Puppets 	<b>5</b> 9:15 Pilates 10:00 Coffee and Conversation 10:30 Pilates 1:00 Drop-in Bridge 1:00 Drop in Cards
<b>8</b> 1:00 Pilates 1:30 Writers 1:45 Japanese Lessons 2:00 Seated Tai Chi 2:30 Murder Mystery 3:00 Modified Tai Chi 6:30 Drop in Bridge	<b>9</b> 9:15 GroupFit 10:00 Book Study 11:00 Art Lessons 1:00 Cryptic Crossword 2:45 SS Troubadours 4:00 Darts	<b>10</b> 9:15 Line Dancing 9:30 French Circle 1:00 Outreach 2:00 Forum	<b>11</b> 9:15 GroupFit 9:30 SS Singers 1:00 Craft Group 3:00 Puppets 	<b>12</b> 9:15 Pilates 10:00 Coffee and Conversation 10:30 Pilates 1:00 Drop-in Bridge 1:00 Drop in Cards
<b>15</b> 9:30 Bridge Lessons 1:00 Pilates 1:30 Writers 1:45 Japanese Lessons 2:00 Seated Tai Chi 2:30 Murder Mystery 3:00 Modified Tai Chi 6:30 Drop in Bridge	<b>16</b> 9:15 GroupFit 10:00 Book Study 11:00 Art Lessons 1:00 Cryptic Crossword 1:30 Belly Dancing 2:45 SS Troubadours 4:00 Darts	<b>17</b> 9:15 Line Dancing 9:30 French Circle 1:00 Outreach 2:00 Forum	<b>18</b> 9:15 GroupFit 9:30 SS Singers 1:00 Craft Group 3:00 Puppets	<b>19</b> 9:15 Pilates 10:00 Coffee and Conversation 10:30 Pilates 1:00 Drop-in Bridge 1:00 Drop in Cards
<b>22</b> 9:30 Bridge Lessons 1:00 Pilates 1:30 Writers 1:45 Japanese Lessons 2:00 Seated Tai Chi 2:30 Murder Mystery 3:00 Modified Tai Chi 6:30 Drop in Bridge	<b>23</b> 9:15 GroupFit 10:00 Book Study 1:00 Cryptic Crossword 11:00 Art Lessons 1:30 Belly Dancing 2:45 SS Troubadours 4:00 Darts	<b>24</b> 9:15 Line Dancing 9:30 French Circle 1:00 Outreach 2:00 Forum	<b>25</b> 9:15 GroupFit 9:30 SS Singers 1:00 Craft Group 3:00 Puppets 	<b>26</b> 9:15 Pilates 10:00 Coffee and Conversation 10:30 Pilates 11:30 Potluck 1:15 Drop-in Bridge 1:00 Drop in Cards
<b>29</b> 9:30 Bridge Lessons 1:00 Pilates 1:30 Writers 1:45 Japanese Lessons 2:00 Seated Tai Chi 2:30 Murder Mystery 3:00 Modified Tai Chi 6:30 Drop in Bridge	<b>30</b> 9:15 GroupFit 10:00 Book Study 1:00 Cryptic Crossword 11:00 Art Lessons 1:30 Belly Dancing 2:45 SS Troubadours 4:00 Darts	<b>31</b> 9:15 Line Dancing 9:30 French Circle 1:00 Outreach 2:00 Forum 	 <b>Annual St. Patrick's Supper Saturday, March 20<sup>th</sup> 5:30 pm Tickets are Limited</b>	<b>Reminder</b> Don't forget to add your name to one of our many exercise programs beginning in April 

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