

October 2020

Stepping Stone Senior Centre Inc

Registration: Send email to: registersssc@rogers.com. Subject line: activity/date ie Bridge on Friday pm. Make sure your name is in the body of the email. Only 1 person can be registered per email. Ok to use same email address to register more than one person, just send separately.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 National Seniors Day 10:00 C6 Stepping into Art 11:00 R3 Ukulele Beg/Intermed 12:30 R3 Ukulele Interm /Advan	2 1:00 R3 Bridge	3
4	5 10:30 R3 Yoga 1:45 R3 Seated Tai Chi 1:30 L1 Writers Group 3:00 R3 Acoustic Jam	6 9:00 Tai Chi 10:00 C6 Book Study 1:30 L1 Cryptic Crosswor 2:30 R3 Adaptive Yoga 4:00 R3 Line Dance	7 9:00 R3 Sewing Sisters 9:00-1:00 Line Dancing at The Ville (Marysville)	8 10:00 C6 Stepping into Art 11:00 R3 Ukulele Beg/Intermed 12:30 R3 Ukulele Interm /Advan 2:00 C6 Prog. Comittee Meeting	9 10:30 R3 Bentley Group 1:00 R3 Bridge	10
11	12 Happy Thanksgiving Centre is Closed	13 9:00 Tai Chi 10:00 C6 Book Study 1:00 R3 Fluid Dance 1:30 L1 Cryptic Crosswor 2:30 R3 Adaptive Yoga 4:00 R3 Line Dance	14 9:00 R3 Sewing Sisters 9:00-1:00 Line Dancing at The Ville (Marysville)	15 10:00 C6 Stepping into Art 11:00 R3 Ukulele Beg/Intermed 12:30 R3 Ukulele Interm /Advan 2:00 (tentative time) Board Meeting	16 10:00 R3 Coffee&Convo 1:00 R3 Bridge	17
18	19 10:30 R3 Yoga 1:45 R3 Seated Tai Chi 1:30 L1 Writers Group 3:00 R3 Acoustic Jam	20 9:00 Tai Chi 10:00 C6 Book Study 1:00 R3 Fluid Dance 1:30 L1 Cryptic Crosswor 2:30 R3 Adaptive Yoga 4:00 R3 Line Dance	21 9:00 R3 Sewing Sisters 9:00-1:00 Line Dancing (The Ville) 2:00 R3 Internet & Phone Scams: Cst. Bamford, F'ton Police	22 10:00 C6 Stepping into Art 11:00 R3 Ukulele Beg/Intermed 12:30 R3 Ukulele Interm /Advan	23 10:30 R3 Bentley Group 1:00 R3 Bridge	24
25	26 10:30 R3 Yoga 1:45 R3 Seated Tai Chi 1:30 L1 Writers Group 3:00 R3 Acoustic Jam	27 9:00 Tai Chi 10:00 C6 Book Study 1:00 R3 Fluid Dance 1:30 L1 Cryptic Crosswor 2:30 R3 Adaptive Yoga 4:00 R3 Line Dance	28 9:00 R3 Sewing Sisters 9:00-1:00 Line Dancing at The Ville (Marysville)	29 10:00 C6 Stepping into Art 11:00 R3 Ukulele Beg/Intermed 12:30 R3 Ukulele Int 4:00 R3 Book Club	30	31 Happy Hallowggn
<p>October 1: International Seniors Day Flag Raising at 10:00 at Fredericton City Hall October 8: Foodsmart Order pickup in the public parking lot beside Stepping Stone 11am - 12pm</p>						