

# April 2018



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Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>CLOSED</b>  <b>HAPPY EASTER</b>	9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Book Study 1:00 Drop-in Bridge 1:00 Cryptic Crossword 1:30 Fluid Dance 2:45 Troubadours (out) 4:00 Darts	9:15-1:15 Line Dancing ** 9:30 French Circle 10:30 Ageless Grace 1:30 Acoustic Jam 6:30 Duplicate Bridge	9:00 Gentle Pace Mobility 9:30 SS Singers 12:00 Ukulele (Beg) 1:00 Craft Group 1:00 Ukulele (Beg) 1:00 Ukulele (Int) 1:30 Board Games 2:00 Guitar (Int) 3:00 Guitar (Beg)	10:00 Coffee & Chat 1:00 Drop-in Cards 1:00 Drop-in Bridge 2:00 Harmonica
9	10	11	12	13
<b>9:30 Board Meeting</b> 12:30 Meditation 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Book Study 1:00 Drop-in Bridge 1:00 Cryptic Crossword 1:30 Fluid Dance 2:45 Troubadours (out) 4:00 Darts	9:15-1:15 Line Dancing ** 9:30 French Circle 10:00 Bentley Series 10:30 Ageless Grace 1:30 Acoustic Jam 6:30 Duplicate Bridge	9:00 Gentle Pace Mobility 9:30 SS Singers 12:00 Ukulele (Beg) 1:00 Craft Group 1:00 Ukulele (Beg) 1:00 Ukulele (Int) 1:30 Board Games 2:00 Guitar (Int) 3:00 Guitar (Beg)	<b>9:30 Program Meeting - Brainstorming</b> 10:00 Coffee & Chat 1:00 Drop-in Cards 1:00 Drop-in Bridge 2:00 Harmonica
16	17	18	19	20
<b>9:00-1:30 Health Fair</b> 12:30 Meditation 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Book Study 1:00 Drop-in Bridge 1:00 Cryptic Crossword 1:30 Fluid Dance 2:45 Troubadours 4:00 Darts	9:15-1:15 Line Dancing ** 9:30 French Circle 10:30 Ageless Grace <b>2:00 Volunteer Celebration</b> 1:30 Acoustic Jam 6:30 Duplicate Bridge	9:00 Gentle Pace Mobility 9:30 SS Singers 12:00 Ukulele (Beg) 12:00 Pilates 1:00 Craft Group 1:00 Ukulele (Beg) 1:00 Ukulele (Int) 1:30 Board Games 2:00 Guitar (Int) 3:00 Guitar (Beg)	10:00 Coffee & Chat 1:00 Drop-in Cards 1:00 Drop-in Bridge 2:00 Harmonica
23	24	25	26	27
<b>9:30 Program Meeting</b> 12:30 Meditation 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Book Study 1:00 Drop-in Bridge 1:00 Cryptic Crossword 1:30 Fluid Dance 2:45 Troubadours 4:00 Darts	9:15-1:15 Line Dancing ** 9:30 French Circle 10:00 Bentley Series 10:30 Ageless Grace <b>2:00 "It's Raining Cats"</b> 6:30 Duplicate Bridge 6:30 Reading Corner	9:00 Gentle Pace Mobility 9:30 SS Singers 12:00 Ukulele (Beg) 12:00 Pilates 1:00 Craft Group 1:00 Ukulele (Beg) 1:00 Ukulele (Int) 1:30 Board Games 2:00 Guitar (Int) 3:00 Guitar (Beg)	10:00 Coffee & Chat <b>11:30 POTLUCK</b> 1:00 Drop-in Cards 1:15 Drop-in Bridge 2:00 Harmonica
30	<b>Breakfast</b>	<b>Health Fair</b>	<b>Volunteer Celebration</b>	<b>Social "It's Raining Cats"</b>
12:30 Meditation 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	<b>Saturday, Apr. 7th 8 - 10:30 am Everyone Welcome \$8.00 per person</b>	<b>Monday, Apr. 16th 9 am to 1:30 pm  Free drop in for everyone</b>	<b>Wed, Apr. 18th Guest Speaker Anne-Marie Hartford 2:00 pm</b>	<b>Wed, Apr. 25th 2:00 pm</b>

\*\*Line Dancing is held at the Grant Harvey Centre

Tech Talk with Krista - Call Krista to book your one-on-one session at 259-5441

**"Cat-A-Thon" April 7th to April 25th. Small cans of pate cat food for CARMA  
 In conjunction with the Social - "It's Raining Cats"**

**Bridge Luncheon - Saturday, Apr. 21st at 12 noon. \$40.00 per table**