

May 2018



Email: steppingstoneseniorcentre@rogers.com
 Website: www.steppingstoneseniorcentre.com
 Phone: 450-7849
 15 Saunders Street, Fredericton NB, E3B 1M9

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Sat., May 5th 8-10:30 am \$8.00 Social "Tea Party" Wed., May 16th 2:00 pm	1 9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Book Study 1:00 Drop-in Bridge 1:00 Cryptic Crossword 1:30 Fluid Dance 2:45 Troubadours 4:00 Darts	2 9:15-1:15 Line Dancing at Willie O'Ree Place 9:30 French Circle 1:30 Acoustic Jam 6:30 Duplicate Bridge	3 9:00 Gentle Pace Mobility 9:30 SS Singers 12:00 Ukulele (Beg) 1:00 Craft Group 1:00 Ukulele (Beg) 1:00 Ukulele (Int) 1:30 Board Games 2:00 Guitar (Int) 3:00 Guitar (Beg)	4 10:00 Coffee & Chat 1:00 Drop-in Cards 1:00 Drop-in Bridge 2:00 Harmonica
7 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	8 9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Book Study 1:00 Drop-in Bridge 1:00 Cryptic Crossword 1:30 Fluid Dance 2:45 Troubadours 4:00 Darts	9 9:15-1:15 Line Dancing ** 9:30 French Circle 10:00 Bentley Series 1:30 Acoustic Jam 6:30 Duplicate Bridge	10 9:00 Gentle Pace Mobility 9:30 SS Singers 12:00 Ukulele (Beg) 1:00 Craft Group 1:00 Ukulele (Beg) 1:00 Ukulele (Int) 1:30 Board Games 2:00 Guitar (Int) 3:00 Guitar (Beg)	11 10:00 Coffee & Chat 1:00 Drop-in Cards 1:00 Drop-in Bridge 2:00 Harmonica 7:00 Grand New Opry
14 9:30 Board Meeting 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	15 9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Book Study 1:00 Drop-in Bridge 1:00 Cryptic Crossword 1:30 Fluid Dance 2:45 Troubadours 4:00 Darts	16 9:15-1:15 Line Dancing ** 9:30 French Circle 1:30 Acoustic Jam 2:00 Social 6:30 Duplicate Bridge	17 9:00 Gentle Pace Mobility 9:30 SS Singers 12:00 Ukulele (Beg) 12:00 Pilates 1:00 Craft Group (out) 1:00 Ukulele (Beg) 1:00 Ukulele (Int) 1:30 Board Games 2:00 Guitar (Int) 3:00 Guitar (Beg)	18 10:00 Coffee & Chat 1:00 Drop-in Cards 1:00 Drop-in Bridge 2:00 Harmonica
21 CLOSED VICTORIA DAY	22 9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Book Study 1:00 Drop-in Bridge 1:00 Cryptic Crossword 1:30 Fluid Dance 2:45 Troubadours 4:00 Darts	23 9:15-1:15 Line Dancing ** 9:30 French Circle 10:00 Bentley Series 2:00 Provincial Home First Program 6:30 Duplicate Bridge	24 9:00 Gentle Pace Mobility 9:30 SS Singers 12:00 Ukulele (Beg) 12:00 Pilates 1:00 Craft Group 1:00 Ukulele (Beg) 1:00 Ukulele (Int) 1:30 Board Games 2:00 Guitar (Int) 3:00 Guitar (Beg)	25 10:00 Coffee & Chat 11:30 POTLUCK 1:00 Drop-in Cards 1:15 Drop-in Bridge 2:00 Harmonica
28 9:30 Program Meeting 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	29 9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Book Study 1:00 Drop-in Bridge 1:00 Cryptic Crossword 1:30 Fluid Dance 2:45 Troubadours 4:00 Darts	30 9:15-1:15 Line Dancing ** 9:30 French Circle 10:00 Bentley Series 6:30 Duplicate Bridge 6:30 Reading Corner	31 9:00 Gentle Pace Mobility 9:30 SS Singers 12:00 Ukulele (Beg) 12:00 Pilates 1:00 Craft Group 1:00 Ukulele (Beg) 1:00 Ukulele (Int) 1:30 Board Games 2:00 Guitar (Int) 3:00 Guitar (Beg)	Forum Provincial Home First Program Wed., May 23rd 2:00 pm Yard / Craft / Bake Sale Sat., May 26th Table rentals available

**Line Dancing is held at the Grant Harvey Centre

Tech Talk with Krista - Call Krista to book your one-on-one session at 259-5441
Grand New Opry - Friday, May 11th at 7:00 pm. \$5.00 at the door. Everyone Welcome