

June 2018



Email: steppingstoneseniorcentre@rogers.com
 Website: www.steppingstoneseniorcentre.com
 Phone: 450-7849
 15 Saunders Street, Fredericton NB, E3B 1M9

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Saturday, June 2nd 8 am to 10:30 \$8.00 Sponsored by Fredericton Toyota	Happy Hour & Auction Friday, June 8th 5:00 pm Tickets \$10.00 (only 52 tickets to be sold)	CarFit Tuesday, June 12 6 - 8 pm Willie O'ree Place Sign up required	Forum Presented by Ambulance NB Wed. June 13th 1:30 pm	1 10:00 Coffee & Chat 1:00 Drop-in Cards 1:00 Drop-in Bridge 2:00 Harmonica
4 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	5 9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Coffee & Chat en français 1:00 Drop-in Bridge 2:45 Troubadours 4:00 Darts	6 9:30 French Circle 10:00 Line Dancing (Int 1) 11:00 Line Dancing (Int 2) 1:00 Program Committee 6:30 Duplicate Bridge	7 9:00 Gentle Pace Mobility 9:30 SS Singers (out) 12:00 Pilates 1:00 Craft Group 1:30 Board Games	8 9:30 Lawn Bowling Demo 10:00 Coffee & Chat 1:00 Drop-in Cards 1:00 Drop-in Bridge 2:00 Harmonica 5:00 Happy Hour & Auction
11 9:30 Board 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	12 9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Coffee & Chat en français 1:00 Drop-in Bridge 2:45 Troubadours 4:00 Darts 6:00 CarFit	13 10:00 Line Dancing (Int 1) 11:00 Line Dancing (Int 2) 12:00 Meditation 1:30 Forum - Ambulance NB 6:30 Duplicate Bridge	14 9:00 Gentle Pace Mobility 9:30 SS Singers 11:00 Pilates 1:00 Craft Group 1:30 Board Games	15 10:00 Coffee & Chat 1:00 Drop-in Cards 1:00 Drop-in Bridge 2:00 Harmonica
18 9:30 Program Committee 10:00 Yoga Demo 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	19 9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Coffee & Chat en français 1:00 Drop-in Bridge 2:45 Troubadours (out) 4:00 Darts	20 10:00 Line Dancing (Int 1) 11:00 Line Dancing (Int 2) 12:00 Meditation 2:00 Social - Goin' Fishin' 6:30 Duplicate Bridge	21 9:00 Gentle Pace Mobility 9:30 SS Singers 11:00 Pilates 1:00 Craft Group (out) 1:30 Board Games	22 10:00 Coffee & Chat 1:00 Drop-in Cards 1:15 Drop-in Bridge 2:00 Harmonica
25 10:00 Outside Games Demo 10:00 Games Safari Demo 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club 6:30 Drop-in Bridge	26 9:00-3:30 Foot Care 9:00 Gentle Pace Mobility 9:00 Tai Chi (Int) 10:00 Coffee & Chat en français 1:00 Drop-in Bridge 4:00 Darts	27 10:00 Line Dancing (Int 1) 11:00 Line Dancing (Int 2) 12:00 Meditation 6:30 Duplicate Bridge	28 9:00 Gentle Pace Mobility 10:00 Promenade in the park 11:00 Pilates 1:00 Craft Group 1:30 Board Games	29 10:00 Coffee & Chat 11:30 POTLUCK BBQ 1:00 Drop-in Cards 1:15 Drop-in Bridge 2:00 Harmonica

Tech Talk with Krista - Call Krista to book your one-on-one session at 259-5441

Stepping Out Line Dancing - Starts Wednesday, June 6th. Sign up required

Lawn Bowling Demo - Friday, June 8th at 9:30 am Free demo for Stepping Stone Members

Stepping Stone Singers Concert - Welcome to Broadway, Sunday, June 10th at 7pm

Social - Goin' Fishin' Come fish, sing and have snacks on Wednesday, June 20th at 2:00 pm