

# July 2018



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Monday	Tuesday	Wednesday	Thursday	Friday
<b>CLOSED</b> <b>Happy Canada Day</b> 	3	4	5	6
	9:00-3:30 Foot Care 9:00 Tai Chi (Int) 10:00 Game Safari 10:00 Bean Bag Toss 10:00 Coffee & Chat en français 1:00 Drop-in Bridge 2:00 Chair Yoga Demo 4:00 Darts	10:00 Game Safari 10:00 Washer Toss 10:00 Line Dancing (Int 1) 11:00 Line Dancing (Int 2) <b>1:00 Program Meeting</b> 6:30 Duplicate Bridge	10:00 Game Safari 10:00 Ladder Ball 10:00 Walk in the Park 10:30 Sight Reading 11:00 Pilates 1:00 Craft Group 1:00 Drop-in Ukulele 1:30 Board Games	10:00 Coffee & Chat 1:00 Drop-in Cards 1:00 Drop-in Bridge
9	10	11	12	13
10:00 Game Safari 10:00 Bocce Ball 10:00 Yoga 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club Drop-in 6:30 Drop-in Bridge	9:00-3:30 Foot Care 9:00 Tai Chi (Int) 10:00 Game Safari 10:00 Bean Bag Toss 10:00 Coffee & Chat en français 1:00 Drop-in Bridge 2:00 Chair Yoga <b>2:00 Card Workshop</b> 4:00 Darts	10:00 Game Safari 10:00 Washer Toss 10:00 Line Dancing (Int 1) 11:00 Line Dancing (Int 2) 12:00 Meditation <b>1:30 Movie Afternoon</b> 6:30 Duplicate Bridge	10:00 Game Safari 10:00 Ladder Ball 10:00 Walk in the Park 10:30 Sight Reading 11:00 Pilates 1:00 Craft Group 1:00 Drop-in Ukulele 1:30 Board Games	10:00 Coffee & Chat <b>10:00 Microsoft Word Workshop</b> 1:00 Drop-in Cards 1:00 Drop-in Bridge
16	17	18	19	20
10:00 Game Safari 10:00 Bocce Ball 10:00 Yoga 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club Drop-in 6:30 Drop-in Bridge	9:00-3:30 Foot Care 9:00 Tai Chi (Int) 10:00 Game Safari 10:00 Bean Bag Toss 10:00 Coffee & Chat en français 1:00 Drop-in Bridge 2:00 Chair Yoga <b>2:00 Card Workshop</b> 4:00 Darts	10:00 Game Safari 10:00 Washer Toss 10:00 Line Dancing (Int 1) 11:00 Line Dancing (Int 2) 12:00 Meditation <b>1:30 Strawberry Social</b> 6:30 Duplicate Bridge	10:00 Game Safari 10:00 Ladder Ball 10:00 Walk in the Park 10:30 Sight Reading 11:00 Pilates 1:00 Craft Group 1:00 Drop-in Ukulele 1:30 Board Games	10:00 Coffee & Chat <b>10:00 Power Point Workshop</b> 1:00 Drop-in Cards 1:00 Drop-in Bridge
23	24	25	26	27
10:00 Game Safari 10:00 Bocce Ball 10:00 Yoga 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club Drop-in 6:30 Drop-in Bridge	9:00-3:30 Foot Care 9:00 Tai Chi (Int) 10:00 Game Safari 10:00 Bean Bag Toss 10:00 Coffee & Chat en français 1:00 Drop-in Bridge 2:00 Chair Yoga <b>2:00 Card Workshop</b> 4:00 Darts	10:00 Game Safari 10:00 Washer Toss 10:00 Line Dancing (Int 1) 11:00 Line Dancing (Int 2) 12:00 Meditation <b>1:30 Bingo Bonanza</b> 6:30 Duplicate Bridge	10:00 Game Safari 10:00 Ladder Ball 10:00 Walk in the Park 11:00 Pilates 1:00 Craft Group 1:00 Drop-in Ukulele 1:30 Board Games	10:00 Coffee & Chat <b>11:30 POTLUCK</b> 1:00 Drop-in Cards 1:15 Drop-in Bridge
30	31			
10:00 Game Safari 10:00 Bocce Ball 10:00 Yoga 1:30 Writers Group 2:00 Seated Tai Chi 3:15 Acoustic Jam Club Drop-in 6:30 Drop-in Bridge	9:00-3:30 Foot Care 9:00 Tai Chi (Int) 10:00 Game Safari 10:00 Bean Bag Toss 10:00 Coffee & Chat en français 1:00 Drop-in Bridge 2:00 Chair Yoga <b>2:00 Card Workshop</b> 4:00 Darts	<b>Strawberry Social</b> <b>Wed, July 18<sup>th</sup></b> <b>1:30 pm</b> <b>Tickets \$5.00</b>	<b>Movie Matinee</b> <b>Wed, July 11<sup>th</sup></b> <b>Movie to be announced</b>  <b>Bingo Bonanza</b> <b>Wed, July 25<sup>th</sup> at 1:30</b> <b>Everyone Welcome</b>	<b>Keep watch for drop-in activities throughout the Summer</b>

**Tech Talk with Krista** - Call Krista to book your one-on-one session at 259-5441