



## September 2021

Office Phone: 506 450 7849

steppingstoneseniorcentre@rogers.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			11:30 Picnic on the lawn 1	12:30 C6 Ukulelians 1:00 R3 Craft Group 1:00 L6 Games 2	10:00- L Coffee and Chat 1:00-R3 Bridge 1:30-L6 Cards 3	4
5	Labour Day Centre Closed 6	9:00 C6 Tai Chi 7	9:00 R3 Sewing Sisters 9:00- 1:30 Line Dancing * <b>2:00 Z Meet the Federal Candidates</b> 8	9:00 C6 Tai Chi 12:30 C6 Ukulelians 9	10:00- L Coffee and Chat 1:00-R3 Bridge 1:30-L6 Cards 10	11
6:00 R3 Bridge 12	10:00 R3 Yoga 1:30 L6 Writers Group 2:00 R3 Seated Tai Chi 3:00 R3Acoustic Jam. 13	9:00 C6 Tai Chi 1:30 L6 Cryptic Crossword 3:00 R3 Troubadours 6:00 R3 Bridge 14	9:00 Nordic Walking 9:00-1:30 Line Dancing * 9:00 R3 Sewing Sisters 1:30 C6 String Along <b>1:30 R3 Board Meeting</b> 15	9:00 C6 Tai Chi 11:00 R3 Adaptive Yoga 12:30 C6 Ukulelians 1:00 R3 Craft Group 1:00 L6 Games 4:00 R3 Line Dancing 16	10:00- L Coffee and Chat 1:00-R3 Bridge 1:30-C6 Cards 17	18



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 6:00 R3 Bridge	20 10:00 R3 Yoga 1:30 L6 Writers Group 1:30 <b>Program Committee</b> 2:00 R3 Seated Tai Chi 3:00 R3 Acoustic Jam	21 9:00 C6 Tai Chi 1:00 R3 Fluid Dance 1:30 L6 Cryptic Crossword 3:00 R3 Troubadours 6:00 R3 Bridge	22 9:00 Nordic Walking 9:00-1:30 Line Dancing * 9:00 R3 Sewing Sisters <b>1:30 R3 Movie Matinee*</b> 1:30 C6 String Along	23 9:00 C6 Tai Chi 11:00 R3 Adaptive Yoga 12:30 C6 Ukulelians 1:00 R3 Craft Group 1:00 L6 Games 4:00 L Book Club 4:00 R3 Line Dancing	24 10:00- L Coffee & Convo 1:00-R3 Bridge 1:30 L6 Cards	25
26 6:00 R3 Bridge	27 10:00 R3 Yoga 1:30 L6 Writers Group 2:00 R3 Seated Tai Chi 3:00 R3 Acoustic Jam	28 9:00 C6 Tai Chi 1:00 R3 Fluid Dance 1:30 L6 Cryptic Crossword 3:00 R3 Troubadours 6:00 R3 Bridge	29 9:00 Nordic Walking 9:00-1:30 Line Dancing * 9:00 R3 Sewing Sisters 1:30 C6 String Along <b>1:30 R3 Scott's Nursery Forum</b>	30 9:00 C6 Tai Chi 11:00 R3 Adaptive Yoga 12:30 C6 Ukulelians 1:00 R3 Craft Group 1:00 L6 Games 4:00 R3 Line Dancing		

To Register: Send email to: [registersssc@rogers.com](mailto:registersssc@rogers.com). Subject line: Activity/Date i.e.: Bridge on Friday pm. Make sure your name is in the body of the email. To register more than one person, simply send a separate email for each person.

SS Community Food Smart: to place an order, email your order by noon September 2<sup>nd</sup> to the organizer at [mcfarrell53@gmail.com](mailto:mcfarrell53@gmail.com). Pickup will be in the Stepping Stone Parking lot, September 9<sup>th</sup> between 11:00 – 11:30 am

\* Line Dancing: Will be at the Ville gymnasium

\* Movie Matinee: The movie is called "Fisherman's Friends"